

Naturland®

PRODUCT CATALOG





SOLUTIONS



CRATEGIL SOLUTION

DESCRIPTION

Recommended for prevention of cardiovascular disorders and helps to relieve cardiac complaints or arrhythmias caused by nervousness (only in case no other antiarrhythmic medicines are needed).

DIRECTIONS

The recommended dose for adults and children above the age of 12 is 1 measuring cup 2-3 times daily after meals with little liquid.

ACTIVE INGREDIENT

Crataegi extract in Alcoholic solution (1,02 g alcohol content in 1 measuring cup)

Paramedicines

150 ml



ECHINACEA + VITAMIN C SOLUTION

DESCRIPTION

The echinacea extract soothes the throat and the pharynx, and supports the normal functioning of the upper respiratory tract and the immune system. Vitamin C contributes to the normal functioning of the nervous and immune system, and the reduction of weariness and fatigue.

DIRECTIONS

Take 3x15 ml daily with the attached measuring cup.

ACTIVE INGREDIENTS

Echinacea root extract, Vitamin C

Food supplements

150 ml



IVY LEAF SYRUP

DESCRIPTION

For soothing the throat and relieving coughs. The extract supports regular functioning of the immune system.

DIRECTIONS

For adults daily 3 x 15 ml, for children (above the age of 3) daily 3 x 5 ml.

ACTIVE INGREDIENTS

Ivy leaf extract, Honey

Food supplements

150 ml



SOLUTIONS

'health from herbs'



PMS DROPS

DESCRIPTION

For relieving uncomfortable symptoms during the pre-menstrual stage and menstruation.

DIRECTIONS

Start using the product 3-5 days before and during your menstruation. Take 3x30 drops daily, after meals with liquid.

ACTIVE INGREDIENTS

Yarrow, Balm herb, Coriander, Couch Grass rhizome, Green tea leaf (in 45% (V/V) Alcoholic solution)

Paramedicines

30 ml



PROPOLIS DROPS

DESCRIPTION

For preventing and soothing upper respiratory diseases caused by infections. Recommended to use as a complementary treatment of urinary and gastrointestinal inflammations, to strengthen the immune system and also as a treatment for gingivitis and stomatitis.

DIRECTIONS

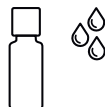
Add 20 drops on cube sugar or bread 3 times daily, for 4-5 days. Use for children above age of 14. In the oral cavity the drops can be applied by cotton swab. Use for 2 weeks for prevention purposes.

ACTIVE INGREDIENT

Propolis extract with 85% (V/V) Alcohol content

Paramedicines

30 ml



RIBWORT PLANTAIN SYRUP

DESCRIPTION

Ribwort plantain extract soothes throat, pharynx and vocal cords, supports regular functioning of the immune system.

DIRECTIONS

Daily 3 x 15 ml for adults and daily 3 x 5 ml for children above the age of 3. Measured with enclosed cup.

ACTIVE INGREDIENT

Ribwort Plantain leaves extract with 1,9% (V/V) Alcohol content

VARIATIONS

Ribwort Plantain Syrup + Vitamin C For Kids
Ribwort Plantain Syrup + Vitamin C For Adults

Food supplements

150 ml





**SWEDISH BITTER DROPS
WITH 1% ALCOHOL**

DESCRIPTION

The extracts of the centaury flower, ginger root, blessed thistle, gentian root and white horehound flower support digestion and contribute to the normal function of the intestinal system. The extract of gentian root stimulates appetite. The product contains less than 1% (V/V) Alcohol.

DIRECTIONS

Daily 2x1 teaspoonful of solution mixed in a glass of water or tea.

ACTIVE INGREDIENTS

40 species of fine selected Herbs with less than 1% (V/V) Alcohol content

Food supplements

100 ml/250 ml/500 ml



**SWEDISH BITTER DROPS
WITH 40% ALCOHOL**

DESCRIPTION

Use internally to improve appetite and to relieve gastro-intestinal discomfort, bloating and feeling sated. Can be used externally for massaging and compressing in case of rheumatic and muscular pain.

DIRECTIONS

Internally

For adults 2-3 x 1 teaspoon daily in a diluted form.

Externally

Thoroughly rub into or compress over the affected area, maximum 5 times a day.

ACTIVE INGREDIENTS

40 species of fine selected Herbs with 40% (V/V) Alcohol content

VARIATION

Swedish Bitter Drops with Vitamin C

Paramedicines

100 ml/250 ml/500 ml



VITAMIN D3 DROPS 400IU

DESCRIPTION

Vitamin D contributes to normal utilization of calcium and phosphorus, to maintain healthy bones and muscle function and to normal immune function.

DIRECTIONS

For children and adults 1 drop per day.

ACTIVE INGREDIENT

Cholecalciferol

Food supplements

10 ml



A close-up photograph of a branch covered in numerous bright orange, glossy berries. The berries are clustered together and have a small dark spot at the top. The background is softly blurred, showing more of the branch and some green leaves. A white rectangular box is centered over the middle of the image, containing the word "TABLETS" in orange capital letters.

TABLETS

TABLETS

'daily well-being & protection'



CA+D3+K2 FORTE TRIO TABLETS

DESCRIPTION

Calcium and Vitamin D3 contribute to healthy bones, teeth and healthy muscle function. Calcium has beneficial effect on the immune system, supports normal blood clotting processes and contributes to the maintenance of digestive enzymes.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Calcium, Vitamin K2, Vitamin D3

Food supplements

30 tablets



Ⓢ



CAFFEINE TABLETS

DESCRIPTION

Due to its stimulant effect, caffeine improves the ability to concentrate by boosting alertness. One tablet is the equivalent a cup of coffee.

DIRECTIONS

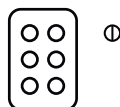
2 x 1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENT

Caffeine

Food supplements

60 tablets



Ⓢ



CONCENTRATION FORTE TABLETS

DESCRIPTION

Due to its stimulant effect, caffeine improves your alertness, and helps to maintain the ability to concentrate. Enriched with L-glutamic acid and L-aspartic acid.

DIRECTIONS

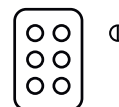
2 x 1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

L-glutamic acid, L-aspartic acid, Caffeine

Food supplements

40 tablets



Ⓢ

TABLETS

'daily well-being & protection'



GOOD NIGHT TABLETS

DESCRIPTION

Calcium, magnesium and potassium contribute to normal functioning of muscles. Vitamin D is necessary for the absorption and utilisation of calcium and phosphorus.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Calcium, Magnesium, Potassium, Lavender extract, Vitamin D

Food supplements

40 tablets



IRON + VITAMIN C & B12 + FOLIC ACID TABLETS

DESCRIPTION

Vitamin B12 and Vitamin C contributes to normal energy-yielding metabolism. Vitamin B12, Vitamin C, folic acid and iron contributes to the normal function of the immune system. Iron contributes to normal oxygen transport in the body and to normal formation of red blood cells and haemoglobin.

DIRECTIONS

2 tablets daily, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin C, Iron, Folic acid, Vitamin B12

Food supplements

60 tablets



MAGNESIUM TABLETS

DESCRIPTION

Magnesium contributes to normal muscle function and proper functioning of the nervous system, reduces fatigue and exhaustion.

DIRECTIONS

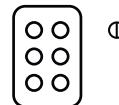
3 x 1 tablets daily, swallowed with liquid.

ACTIVE INGREDIENT

Magnesium citrate

Food supplements

60 tablets



TABLETS

'daily well-being & protection'



MULTIMAN TABLETS

DESCRIPTION

Multivitamin preparation with minerals and trace elements for men.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Biotin, Vitamin C, Vitamin D, Vitamin E, Folic acid, Vitamin K, Niacin, Pantothenic acid, Calcium, Magnesium, Zinc, Copper, Manganese, Selenium, Chromium, Molybdenum, Iodine

Food supplements

60 tablets



MULTIMINERAL TABLETS

DESCRIPTION

Multimineral preparation with vitamins, minerals and trace elements.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Magnesium, Vitamin C, Vitamin E, Niacin, Zinc, Pantothenic acid, Manganese, Vitamin B6, Vitamin B1, Vitamin B2, Vitamin A, Folic acid, Chromium, Iodine, Selenium, Biotin, Vitamin D, Vitamin B12

Food supplements

90 tablets



MULTIVITAMIN A-Z TABLETS

DESCRIPTION

Multivitamin preparation with minerals and trace elements.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Calcium, Magnesium, Phosphorus, Vitamin C, Potassium, Chloride, Niacin, Vitamin E, Pantothenic acid, Zinc, Iron, Vitamin B1, Vitamin B2, Vitamin B6, Manganese, Copper, Folic acid, Biotin, Vitamin A, Iodine, Chromium, Selenium, Molybdenum, Vitamin K, Vitamin D, Vitamin B12

Food supplements

60 tablets



TABLETS

'daily well-being & protection'



MULTIVITAMIN FOR KIDS CHEWABLES

DESCRIPTION

Bear shaped multivitamin preparation for kids.

DIRECTIONS

1 chewable per day.

ACTIVE INGREDIENTS

Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin, Vitamin B12

Food supplements
60 chewables



MULTIVITAMIN FOR KIDS GUMMY BEARS

DESCRIPTION

Multivitamin preparation with Echinacea extract.

DIRECTIONS

1 gummy bear daily.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Folic acid, Zinc, Selenium, Echinacea extract

Food supplements
45 gummy bears



MULTIWOMAN TABLETS

DESCRIPTION

Multivitamin preparation with minerals and trace elements for women.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Biotin, Vitamin C, Vitamin D, Vitamin E, Folic acid, Vitamin K, Niacin, Pantothenic acid, Calcium, Magnesium, Iron, Zinc, Copper, Manganese, Selenium, Chromium, Molybdenum, Iodine

Food supplements
60 tablets



TABLETS

'daily well-being & protection'



MUSCLE & JOINT COMPLEX TABLETS

DESCRIPTION

Vitamin preparation with glucosamine, chondroitin, vitamins, minerals and trace elements.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENTS

D-Glucosamine sulfate, Chondroitine sulfate, Vitamin C, Vitamin E, Zinc, Vitamin B6, Copper, Manganese, Folic acid, Selenium, Vitamin B12

Food supplements

30 tablets



ORAL DISINFECTANT TABLETS

DESCRIPTION

For treatment of upper respiratory tract and oral conditions.

DIRECTIONS

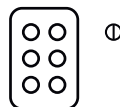
Daily 3-5 x 1 tablet for adults, daily 3 x 1 tablet for children. Slowly dissolve in the mouth without chewing.

ACTIVE INGREDIENT

Lysozyme chloride

Food supplements

40 tablets



PROPOLIS + VITAMIN C CHEWABLES

DESCRIPTION

Vitamin C supports the normal functioning of the immune system. With a pleasant taste of honey.

DIRECTIONS

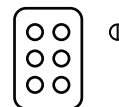
2 x 1 chewable daily.

ACTIVE INGREDIENTS

Vitamin C, Polyphenols (from Propolis extract)

Food supplements

40 chewables



TABLETS

'daily well-being & protection'



RICE BRAN & ALGA CHEWABLES

DESCRIPTION

Supplementation of weight loss and detoxifying cures with rice bran and microalgae. Bio-stabilized rice bran is a rich source of fibres, vitamins and minerals. Chlorella may help detoxify your body and grape seeds are rich in powerful antioxidants. May help reduce symptoms of MSG sensitivity.

DIRECTIONS

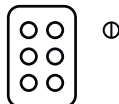
3 x 2 chewables daily.

ACTIVE INGREDIENTS

Bio-stabilized Rice bran powder, dried Chlorella microalgae, Vitamin C, grounded Grape seed

Food supplements

50 chewables



SEA BERRY & OMEGA CHEWABLES

DESCRIPTION

Sea Berry Omega powder is a blend of Tibetan Sea Berry fruit juice, seed oil and fruit oil. It is an excellent source of plant based essential fatty acids (Omega 3-6-7-9). Sea berry oil helps to maintain healthy skin and Vitamin C supports the body's immune system.

DIRECTIONS

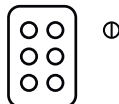
2 x 1 chewable daily.

ACTIVE INGREDIENTS

Vitamin C, Omega 3-6-7-9 fatty acids (from Tibetan Sea Berry)

Food supplements

50 chewables



VITAMIN C TABLETS

DESCRIPTION

Vitamin C contributes to normal energy-yielding metabolism, the normal function of the immune system and to the protection of cells from oxidative stress.

DIRECTIONS

1 tablet daily, swallowed with liquid.

ACTIVE INGREDIENT

Vitamin C

Food supplements

60 tablets



TABLETS

'daily well-being & protection'



VITAMIN C CHEWABLES FOR KIDS

DESCRIPTION

Vitamin C is required for normal functioning of the immune system.

DIRECTIONS

1 chewable daily.

ACTIVE INGREDIENTS

Vitamin C

FLAVOUR

Natural Orange flavour

Food supplements

100 chewables



VITAMIN D FORTE TABLETS 4000IU

DESCRIPTION

Contributes to the normal functioning of the immune system and helps to maintain healthy bones, muscles and teeth.

DIRECTIONS

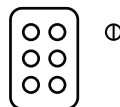
1 tablet daily, during meal, swallowed with liquid.

ACTIVE INGREDIENT

Vitamin D

Food supplements

60 tablets



VITAMIN D FORTE CHEWABLES FOR KIDS WITH VITAMIN C

DESCRIPTION

Vitamin D contributes to the normal functioning of the immune system and maintaining healthy bones, muscular function, and teeth. Vitamin C contributes to the normal functioning of the immune and nervous system, normal collagen formation.

DIRECTIONS

1 chewable daily.

ACTIVE INGREDIENTS

Vitamin D3, Vitamin C

FLAVOUR

Natural Orange flavour

VARIATION

This product is also available in strawberry flavour.

Food supplements

60 chewables





CAPSULES



ACTIVATED CHARCOAL CAPSULES WITH SWEET FENNEL

DESCRIPTION

Sweet fennel helps reduce symptoms of distension.

DIRECTIONS

Maximum 5 capsules daily, swallowed with liquid.

ACTIVE INGREDIENTS

Activated Charcoal, Sweet Fennel

Food supplements
30 capsules



COLLAGEN GLUCOSAMINE COMPLEX CAPSULES

DESCRIPTION

Vitamin C contributes to the generation of collagen and thus to the maintenance of healthy bones. Vitamin D helps maintain healthy bones and proper functioning of the muscles.

DIRECTIONS

1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENTS

Glucosamine sulphate, Chondroitin sulphate, Collagen, Vitamin C, Vitamin D preparation

Food supplements
30 capsules



CRANBERRY COMPLEX CAPSULES

DESCRIPTION

Vitamin C contributes to the normal functioning of the nervous and immune system and also helps the normal energy metabolism.

DIRECTIONS

1 capsule daily with plenty of water.

ACTIVE INGREDIENTS

Cranberry extract, Vitamin C, Birch extract

Food supplements
30 capsules



CAPSULES

'inner beauty'



ELECTROLYTE CAPSULES

DESCRIPTION

Magnesium contributes for electrolyte balance, to the reduction of tiredness and fatigue, takes part in normal energy-producing metabolism. Potassium and magnesium contribute for normal functioning of muscles and nervous system.

DIRECTIONS

During physical activity with high water and electrolyte loss, 1 capsule swallowed with a large amount of liquid (500 ml) and 1 capsule afterwards.

ACTIVE INGREDIENTS

Potassium chloride, Magnesium, Sodium chloride

Food supplements
40 capsules



GARLIC OIL CAPSULES

DESCRIPTION

Garlic has a beneficial effect on cholesterol level and contributes to the proper functioning of the immune system and cardiovascular system.

DIRECTIONS

2x1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENT

Garlic oil extract

Food supplements
90 soft gelatine capsules



HORSE CHESTNUT ACTIVE CAPSULES

DESCRIPTION

Horse chestnut extract is rich in escin which helps maintain the health of veins and capillaries and thus contributes to the maintenance of normal venous circulation. It helps to reduce "heavy leg" feeling.

DIRECTIONS

1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENT

Horse Chestnut extract

Food supplements
30 capsules





MULTIVITAMIN SENIOR CAPSULES

DESCRIPTION

Multivitamin preparation with fish oil, Ginkgo biloba and garlic extract for Seniors.

DIRECTIONS

1 capsule per day, swallowed with liquid.

ACTIVE INGREDIENTS

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Folic acid, Niacin, Zinc, Fish oil (contains EPA and DHA), Ginkgo biloba leaf extract (contains Ginkgolavonoids and Terpene lactones), Garlic extract

Food supplements

60 soft gelatine capsules



OLIVES + VITAMIN D CAPSULES

DESCRIPTION

Vitamin D contributes to the normal functioning of the immune system, maintenance of normal bones and normal blood calcium levels. Olive leaves help maintain normal blood pressure and healthy blood sugar levels.

DIRECTIONS

1 capsule per day, swallowed with liquid.

ACTIVE INGREDIENTS

Olive leaf extract, Vitamin D

Food supplements

60 capsules



OMEGA-3 FISH OIL CAPSULES

DESCRIPTION

Fish oil is particularly rich in Omega 3 fatty acids. EPA and DHA contribute to the normal cardiac function. Vitamin D is important for the structure of healthy bones and teeth. Vitamin A is needed for normal vision.

DIRECTIONS

2x1 capsule daily, swallowed with liquid.

ACTIVE INGREDIENTS

EPA and DHA from Cod liver oil, Vitamin A preparation, Vitamin D preparation

Food supplements

60 soft gelatine capsules



EFFERVESCENT TABLETS

EFFERVESCENT TABLETS

'fizz vitality for you'



CALCIUM + VITAMIN D & K EFFERVESCENT TABLETS

DESCRIPTION

Calcium is needed for the maintenance of normal bones and teeth. Vitamin D contributes to normal absorption and utilization of calcium and phosphorus. Vitamin D contributes to the maintenance of normal bones and teeth and the normal function of the immune system. Vitamin K contributes to the maintenance of normal bones.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml).

ACTIVE INGREDIENTS

Calcium, Vitamin K, Vitamin D

FLAVOUR

Orange

Food supplements

20 tablets

80g (4g/tablet)



CALCIUM + VITAMIN D & K2 EFFERVESCENT TABLETS

DESCRIPTION

Calcium is especially important for teeth and bones. Vitamin D contributes to normal blood calcium levels and to the maintenance of normal bones and teeth. Vitamin K2 contributes to vascular health.

DIRECTIONS

Dissolve 3x1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Calcium, Vitamin K2, Vitamin D3

FLAVOUR

Orange

Food supplements

18 tablets

91.8g (5.1g/tablet)



GARCINIA CAMBOGIA EFFERVESCENT TABLETS

DESCRIPTION

Garcinia Cambogia helps in weight control, contributes to reduce fat storage and reduces sense of appetite. L-carnitine contributes to energy metabolism, makes energy metabolism more effective. Chromium promotes carbohydrates catabolism, helping in body weight maintaining.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

L-carnitine, Garcinia cambogia extract, Chromium

FLAVOUR

Pineapple

Food supplements

20 tablets

80g (4g/tablet)



EFFERVESCENT TABLETS

'fizz vitality for you'



IRON + VITAMIN C EFFERVESCENT TABLETS

DESCRIPTION

Vitamin B6, Vitamin B12 and Vitamin C contribute to normal energy-yielding metabolism. Vitamin B12, Vitamin C, folic acid and iron contribute to the normal function of the immune system. Iron contributes to normal oxygen transport in the body and to normal formation of red blood cells and haemoglobin.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Vitamin C, Iron, Vitamin B6, Folic acid, Vitamin B12

FLAVOUR

Blood orange

Food supplements

20 tablets
80g (4g/tablet)



MAGNESIUM + VITAMIN C & B6 EFFERVESCENT TABLETS

DESCRIPTION

Magnesium contributes to the reduction of tiredness and fatigue, normal muscle function and normal red blood cell formation. Magnesium and Vitamin B6 contribute to normal functioning of the nervous system. Vitamin C contributes to maintain the normal functioning of the immun system during and after intense physical exercise.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Magnesium, Vitamin C, Vitamin B6

FLAVOUR

Orange

Food supplements

18 tablets
86,4g (4,8g/tablet)



MULTIVITAMIN FOR YOU EFFERVESCENT TABLETS

DESCRIPTION

Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C, pantothenic acid, nicotinamide and biotin contribute to normal energy-yielding metabolism. Vitamin B12, Vitamin C and folic acid contribute to the normal function of the immune system. Vitamin B2, Vitamin C and Vitamin E contribute to the protection of cells from oxidative stress.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENTS

Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin, Vitamin B12

FLAVOUR

Orange-mandarin

Food supplements

20 tablets
80 g (4g/tablet)



EFFERVESCENT TABLETS

'fizz vitality for you'



MULTIVITAMIN FOR KIDS EFFERVESCENT TABLETS

DESCRIPTION

Calcium is needed for the maintenance of normal bones and teeth. Vitamin B1, Vitamin B2, Vitamin B6, Vitamin C, pantothenic acid, nicotinamide and biotin contribute to normal energy-yielding metabolism. Vitamin C and folic acid contribute to the normal function of the immune system. Vitamin B1, B2, B6, nicotinamide and biotin contribute to normal functioning of the nervous system.

DIRECTIONS

For kids (over the age 3) dissolve 1 tablet, for adults dissolve 2 tablets in a glass of water (200ml) a day.

ACTIVE INGREDIENTS

Calcium, Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin

FLAVOUR

Raspberry

Food supplements

20 tablets

80g (4g/tablet)



VITAMIN C 1000MG EFFERVESCENT TABLETS

DESCRIPTION

Vitamin C contributes to normal energy-yielding metabolism, the normal function of the immune system and to the protection of cells from oxidative stress.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENT

Vitamin C

FLAVOUR

Blueberry - raspberry

Food supplements

20 tablets

80g (4g/tablet)



'Bioavailable - Easily absorbed into the blood stream'

'Allow a large dose of ingredients to be taken in a single serving'

'Advantages in case of swallowing problems'

'The solution of the effervescent tablet contains a balanced ratio of acids and carbonates'

'Improved taste'

'More gentle action on stomach'

POWDER SHOTS



**CALCIUM + VITAMIN D & K
POWDER SHOT**

DESCRIPTION

Calcium is needed for the maintenance of normal bones and teeth. Vitamin D contributes to normal absorption and utilization of calcium and phosphorus. Vitamin D contributes to the maintenance of normal bones and teeth and the normal function of the immune system. Vitamin K contributes to the maintenance of normal bones.

DIRECTIONS

Take 2x1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

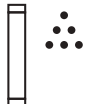
Calcium, Vitamin K, Vitamin D

FLAVOUR

Orange - mango - pineapple

Food supplements

10 sticks
30g (3g/stick)



**ENERGY BOOSTER
POWDER SHOT**

DESCRIPTION

Vitamin B2, Vitamin B6, Vitamin C, pantothenic acid and nicotinamide contribute to normal energy-yielding metabolism. Vitamin C contributes to the normal function of the immune system. Vitamin B2, Vitamin C contribute to the protection of cells from oxidative stress. Vitamin B2, Vitamin B6 and niacin contributes to normal functioning of the nervous system. Caffeine contributes to mental performance, enhances alertness and concentration.

DIRECTIONS

Take 3x1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

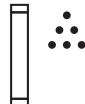
Vitamin C, Niacin, Pantothenic acid, Vitamin B6, Vitamin B2, Taurine, Caffeine

FLAVOUR

Tutti - frutti

Food supplements

10 sticks
30g (3g/stick)



**MAGNESIUM + VITAMIN B6
POWDER SHOT**

DESCRIPTION

Magnesium contributes to the reduction of tiredness and fatigue, normal muscle function and normal red blood cell formation. Magnesium and Vitamin B6 contribute to normal functioning of the nervous system.

DIRECTIONS

Take 1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

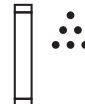
Magnesium, Vitamin B6

FLAVOUR

Blue grape

Food supplements

10 sticks
30g (3g/stick)



POWDER SHOTS

'for life'



MULTIVITAMIN POWDER SHOT

DESCRIPTION

Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin C, pantothenic acid, nicotinamide and biotin contribute to normal energy-yielding metabolism. Vitamin B6 & B12, Vitamin C and folic acid contribute to the normal function of the immune system. Vitamin B2, Vitamin C and Vitamin E contribute to the protection of cells from oxidative stress. Vitamin B1, Vitamin B2, Vitamin B6, Vitamin C, niacin and biotin contribute to normal functioning of the nervous system.

DIRECTIONS

Take 1 stick a day. Pour directly on your tongue without water.

ACTIVE INGREDIENTS

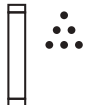
Vitamin C, Niacin, Vitamin E, Pantothenic acid, Vitamin B6, Vitamin B2, Vitamin B1, Folic acid, Biotin, Vitamin B12

FLAVOUR

Blood orange

Food supplements

10 sticks
30g (3g/stick)



VITAMIN C 500MG POWDER SHOT

DESCRIPTION

Vitamin C contributes to normal energy-yielding metabolism, the normal function of the immune system and to the protection of cells from oxidative stress.

DIRECTIONS

Dissolve 1 tablet in a glass of water (200ml) per day.

ACTIVE INGREDIENT

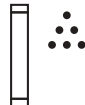
Vitamin C

FLAVOUR

Orange

Food supplements

10 sticks
30g (3g/stick)



'Pour directly on your tongue'

'Direct without water'

'Improved taste'

LIQUID SHOTS



BEAUTY LIQUID SHOT

DESCRIPTION

Vitamin C and B3 help to maintain healthy bone, teeth, cartilage, gums, nails and skin. Vitamin B3 is necessary to maintain energy and general vitality. Zinc is needed for healthy skin. Collagen has beneficial effect in the maintenance of skin firmness and elasticity.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

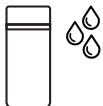
Collagen peptides, Vitamin C, Vitamin B3, Zinc

FLAVOUR

Raspberry

Food supplements

60 ml



ENERGY+ LIQUID SHOT

DESCRIPTION

Caffeine contributes to mental performance, enhances alertness and concentration. Guarana can improve alertness and reduces mental fatigue. Beta-alanine helps delay onset of fatigue. Vitamin B3 helps to maintain energy and general vitality.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

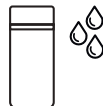
Guarana extract, beta-Alanine, Caffeine, Vitamin B3

FLAVOUR

Multifruity

Food supplements

60 ml



CARNITINE LIQUID SHOT

DESCRIPTION

L-carnitine contributes to energy metabolism, makes energy metabolism more effective. Choline is needed for lipids metabolism.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

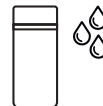
L-carnitine, Choline

FLAVOUR

Lemon

Food supplements

60 ml



LIQUID SHOTS

'live more'



JOINT+ LIQUID SHOT

DESCRIPTION

Calcium is needed to maintain strong and healthy bones. Vitamin C helps to maintain healthy bone, teeth, cartilage, gums and skin.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

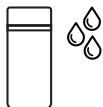
Glucosamine sulfate, Chondroitine sulfate, Calcium, Vitamin C

FLAVOUR

Orange

Food supplements

60 ml



MAGNE+ LIQUID SHOT

DESCRIPTION

Magnesium contributes to the reduction of tiredness and fatigue, normal muscle function and normal red blood cell formation. Magnesium and Vitamin B6 contribute to normal functioning of the nervous system.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

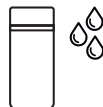
Magnesium, Vitamin B6

FLAVOUR

Lemon

Food supplements

60 ml



SLEEP LIQUID SHOT

DESCRIPTION

Magnesium contributes to normal muscle function. Magnesium and Vitamin B6 helps to normal functioning of the nervous system, maintain hormonal health. Melatonin helps to reduce jet lag effects and promotes normal sleep.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

Magnesium, Vitamin B6, Melatonin

FLAVOUR

Natural Lavender

Food supplements

60 ml





**SLIM+
LIQUID SHOT**

DESCRIPTION

Garcinia Cambogia helps in weight control, contributes to reduce fat storage and reduces sense of appetite. L-carnitine contributes to energy metabolism, makes energy metabolism more effective. Choline improves body metabolism.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

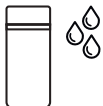
L-carnitine, Garcinia cambogia extract, Choline, Green tea extract

FLAVOUR

Blood orange

Food supplements

60 ml



**TROMBOFLY
LIQUID SHOT**

DESCRIPTION

With the beneficial effects of the active ingredients of tomato.

DIRECTIONS

Take 1 shot (bottle) a day.

ACTIVE INGREDIENTS

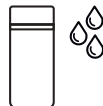
Tomato concentrate

FLAVOUR

Blood orange

Food supplements

60 ml



TRAVEL SHOTS

DESCRIPTION

Helps to keep well balanced during short and long distance flights as well.

DIRECTIONS

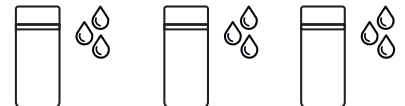
Take 3x1 shot (bottle) a day.

PRODUCTS IN THE BOX

Energy+ Liquid Shot
Trombofly Liquid Shot
Sleep Liquid Shot

Food supplements

3x60 ml



A photograph of a forest with tall, thin evergreen trees. The trees have dark green needles and light-colored, textured bark. The background is slightly blurred, showing more trees and a hint of a sky. A white rectangular box is overlaid in the center of the image, containing the text "ESSENTIAL OILS" in a bold, dark green, sans-serif font.

ESSENTIAL OILS

ESSENTIAL OILS

'harmony of body & soul'



ANCIENT GARDEN ESSENTIAL OIL BLEND

*Herbal tone
Clean, fresh and lively scent*

DESCRIPTION

Fragrance composition evokes mood of renewal with clean, fresh and lively scent. For vaporizers, aromatic bath and sauna.

ACTIVE INGREDIENTS

Thyme essential oil, Melissa essential oil

VARIATION

Lemongrass Essential Oil is also available.

Essential oils
10 ml



ANTISTRESS ESSENTIAL OIL BLEND

*Balsamic tone
Clean, fresh, sweet-balsamic scent*

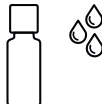
DESCRIPTION

For vaporizers, sauna, relaxing aromatic bath and massage.

ACTIVE INGREDIENTS

Cedarwood essential oil, Lavender essential oil

Essential oils
10 ml



CALMNESS ESSENTIAL OIL BLEND

*Herbal tone
Clean, fresh, sweet-balsamic scent*

DESCRIPTION

For vaporizers, sauna, relaxing aromatic bath and massage.

ACTIVE INGREDIENTS

Lavandula Angustifolia Oil, Salvia Sclarea Oil and Juniperus Virginiana Steam Oil

Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



CEDARWOOD ESSENTIAL OIL

Balsamic tone
Warm, woody, sweet-balsamic scent

DESCRIPTION

Warm, woody, sweet-balsamic scent. For vaporizers, soothing aromatic bath and massage, scalp care, hair mask to diminish hair loss and oily hair.

ACTIVE INGREDIENT

100% pure Juniperus Virginiana Wood Oil (Cedarwood essential oil)

Essential oils
10 ml



CHERRY BLOSSOM ESSENTIAL OIL

Floral tone
Light, fresh floral scent

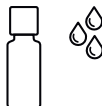
DESCRIPTION

For vaporizers, aromatic bath and massage.

ACTIVE INGREDIENT

100% pure Cherry blossom essential oil

Essential oils
10 ml



CINNAMON ESSENTIAL OIL

Spicy tone
Strong, spicy scent

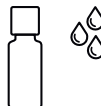
DESCRIPTION

For vaporizers and foot bath.

ACTIVE INGREDIENT

100% pure Cinnamon essential oil

Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



CLOVE ESSENTIAL OIL

*Spicy tone
Sweet spicy scent*

DESCRIPTION

Sweet, spicy tone stimulates the body and mind. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENT

100% pure Clove essential oil



CONCENTRATION ESSENTIAL OIL BLEND

*Citric tone
Fresh scent*

DESCRIPTION

Fresh scent stimulate the brain functions. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENTS

Lemon essential oil, Peppermint essential oil, Eucalyptus essential oil



EUCALYPTUS ESSENTIAL OIL

*Balsamic tone
Fresh, strong, camphorous scent*

DESCRIPTION

For vaporizers, mouthwash, refreshing aromatic bath and massage.

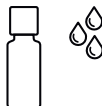
ACTIVE INGREDIENT

100% pure Eucalyptus Globulus Leaf Oil (Eucalyptus essential oil)

Essential oils
10 ml



Essential oils
10 ml



Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



FRESH AIR ESSENTIAL OIL BLEND

*Herbal tone
Fresh, herbal scent*

DESCRIPTION

For vaporizers refreshing and cleansing the air.

ACTIVE INGREDIENTS

Tea tree essential oil, Thyme essential oil, Melissa essential oil



GERANIUM ESSENTIAL OIL

*Floral tone
Intense floral, rosy character, sweet scent*

DESCRIPTION

For vaporizers, aromatic bath and massage.

ACTIVE INGREDIENT

100% pure Geranium essential oil



LAVENDER ESSENTIAL OIL

*Floral tone
Clean, fresh, floral-herbaceous scent*

DESCRIPTION

For vaporizers, relaxing aromatic bath and massage, foot bath, sauna, acne and relief of itching caused by insect bites.

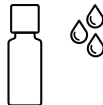
ACTIVE INGREDIENT

100% pure Lavandula Angustifolia Oil (Lavender essential oil)

Essential oils
10 ml



Essential oils
10 ml



Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



LEMON ESSENTIAL OIL

*Citric tone
Fresh, sharp, citrus scent*

DESCRIPTION

For vaporizers, refreshing aromatic bath and massage, sauna, oily hair care, face tonic and facial sauna to cleanse oily, acne-prone skin.

ACTIVE INGREDIENT

100% pure Citrus Limon Peel Oil (Lemon peel essential oil)

Essential oils
10 ml



MEDITERRANEAN ESSENTIAL OIL BLEND

*Citric tone
Sunny, sweet citrus scent*

DESCRIPTION

Sunny, sweet citrus scent evokes the mood of a sunny southern-style garden, relieving the anxiety of everyday life. For vaporizers, sauna, aromatic bath.

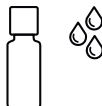
ACTIVE INGREDIENTS

Sweet orange essential oil, Bergamot essential oil

VARIATION

Sweet Orange Essential Oil is also available.

Essential oils
10 ml



PASSION ESSENTIAL OIL BLEND

*Floral tone
Fresh, floral scent*

DESCRIPTION

Fresh, floral scent relieves the anxiety, revives the emotion and attention. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENTS

Cherry blossom essential oil, Sweet orange essential oil, Lavender essential oil

Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



PEPPERMINT ESSENTIAL OIL

*Herbal tone
Strong, fresh, cool, herbaceous scent*

DESCRIPTION

For vaporizers, refreshing aromatic bath, skin care, massage or mouthwash.

ACTIVE INGREDIENT

100% pure Mentha Piperita Oil (Peppermint essential oil)



SAUNA ESSENTIAL OIL BLEND

*Herbal, balsamic tone
Fresh scent*

DESCRIPTION

Herbal, balsamic tone clears the nasal passages, reduces the symptoms of respiratory colds. For vaporizers and sauna.

ACTIVE INGREDIENTS

Eucalyptus essential oil, Peppermint essential oil, Pine tree essential oil



SILENT NIGHT ESSENTIAL OIL BLEND

*Sweet, spicy tone
Relaxing scent*

DESCRIPTION

For vaporizers, sauna, aromatic bath.

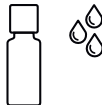
ACTIVE INGREDIENTS

Sweet orange essential oil, Cinnamon essential oil

Essential oils
10 ml



Essential oils
10 ml



Essential oils
10 ml



ESSENTIAL OILS

'harmony of body & soul'



SPRING SPIRIT ESSENTIAL OIL BLEND

*Citric, floral tone
Fresh, floral scent*

DESCRIPTION

Citric, herbal tone relieves nervousness, helps to relax and evokes the mood of spring. For vaporizers, sauna, aromatic bath.

ACTIVE INGREDIENTS

Cherry blossom essential oil, Lemon essential oil, Bergamot essential oil



TEA TREE ESSENTIAL OIL

*Herbal tone
Woody, spicy, camphorous scent*

DESCRIPTION

For vaporizers, aromatic bath, rubbing, massage, facial sauna to cleanse oily, acne-prone skin, face tonic, foot bath, reducing dandruff or relief of itching caused by insect bites.

ACTIVE INGREDIENT

100% pure Melaleuca Alternifolia Leaf Oil (Tea tree essential oil)



WELLNESS ESSENTIAL OIL BLEND

*Citric, floral tone
Extraordinary fragrance with fresh scent*

DESCRIPTION

For vaporizers, relaxing aromatic bath and massage, sauna or facial sauna to cleanse oily, acne-prone skin.

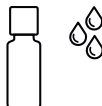
ACTIVE INGREDIENTS

Lavandula Angustifolia Oil (Lavender essential oil), Citrus Limon Peel Oil (Lemon peel essential oil)

Essential oils
10 ml



Essential oils
5 ml



Essential oils
10 ml



A vibrant collage of sliced fruits including kiwi, strawberries, lemons, and oranges. The kiwi slices show their characteristic green flesh and black seeds. The strawberries are bright red and sliced. The lemons and oranges are sliced into thin rounds, showing their juicy segments and white pith. The background is a mix of these colors, creating a fresh and healthy aesthetic.

FRUIT INFUSIONS

FRUIT INFUSIONS

'refreshing fruity flavours'



BLACKCURRANT FRUIT TEA

'Fresh and pure'

DIRECTIONS

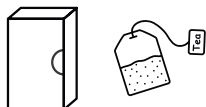
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Blackcurrant fibres, Natural flavouring (Blackcurrant flavouring, concentrated Blackcurrant juice), Blackcurrant leaves

The tea contains Liquorice root.

Food
20 teabags



BLUEBERRY MUFFIN FRUIT TEA

'Pleasant harmony of flavours'

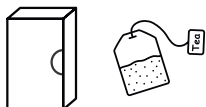
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Apple pomace, Sour apple, Vanilla flavouring, Blueberry flavouring, Blueberry, natural Blueberry muffin aroma

Food
20 teabags



CRANBERRY & BLUEBERRY LEAF & YARROW FRUIT TEA

'Refreshing pleasant taste'

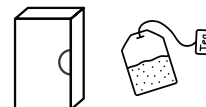
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free tea blend can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

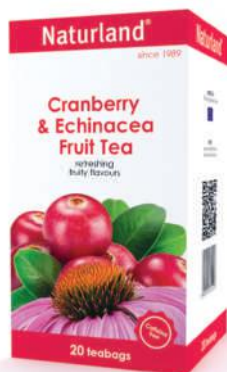
Yarrow, Blueberry leaf, Echinacea (Echinacea purpurea) root, Natural flavouring (Cranberry flavouring, concentrated Cranberry juice), Echinacea (Echinacea purpurea) stem, Cranberry granules (Cranberry, sugar, water, rice-powder, vegetable oil)

Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



CRANBERRY & ECHINACEA FRUIT TEA

'By the power of nature'

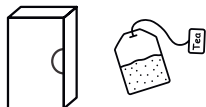
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Echinacea (*Echinacea purpurea*) root, Natural flavouring (Cranberry flavouring, concentrated Cranberry juice), Echinacea (*Echinacea purpurea*) herb, Cranberry granules (Cranberry, sugar, water, rice-powder, vegetable oil)

Food
20 teabags



CRANBERRY & GINGER & ORANGE PEEL FRUIT TEA

'Refreshing combination'

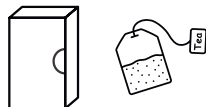
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Ginger rhizomes, Flavouring (Cranberry flavouring, concentrated Cranberry juice), Orange peel, Flavouring (Orange flavouring, concentrated Orange juice), Cranberry granules (Cranberry, maltodextrin)

Food
20 teabags



FOREST FRUITS FRUIT TEA

'The treasures of nature'

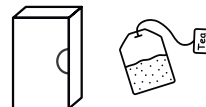
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Blackberry leaf, Blackberry flavouring, Flavouring (Blackcurrant flavouring, concentrated Blackcurrant juice), Blackcurrant fibres, Flavouring (Blueberry flavouring, concentrated Blueberry juice), Blackberry fibres, Blueberry fibres, Strawberry flavouring

Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



FRUIT TEA SELECTION

'Simple goodness'

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

With the selection of Cranberry & Echinacea Fruit Tea, Pear & Lemongrass Fruit Tea, Blackcurrant Fruit Tea and Wild Cherry & Sour Cherry Fruit Tea.



PEAR & LEMONGRASS FRUIT TEA

'Think green and relax'

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Lemongrass, Pear flavouring, Pear pomace



PLUM & APPLE & CINNAMON FRUIT TEA

'Special winter fruit tea'

DIRECTIONS

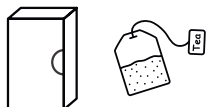
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

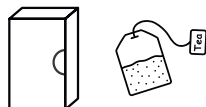
Hibiscus flower, Cassia cinnamon, Apple, Licorice root, Plum flavouring, Apple flavouring, Cream flavouring, Plum (Plum, rice flour)

The tea contains Licorice root.

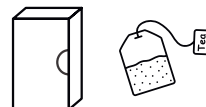
Food
20 teabags



Food
20 teabags



Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



POMEGRANATE & ROSEHIP FRUIT TEA

'For your immune system'

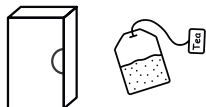
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Rosehip, Pomegranate flavouring, Natural flavouring (with concentrated Pomegranate juice), Pomegranate granules (Maltodextrin, concentrated Pomegranate juice)

Food
20 teabags



PUNCH & POMEGRANATE FRUIT TEA

'Pleasant harmony of flavours'

DIRECTIONS

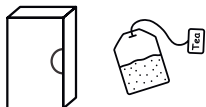
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Hibiscus flower, Apple pomace, Orange peel, Licorice root, Blackberry leaf, Natural Pomegranate flavouring

The tea contains Licorice root.

Food
20 teabags



RASPBERRY PIE FRUIT MAGIC TEA

'Sweet temptation of flavours'

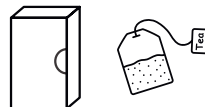
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Sour apple, Rosehip, Cinnamon, Raspberry flavouring, Cake flavouring, Raspberry

Food
20 teabags



FRUIT INFUSIONS

'refreshing fruity flavours'



SEA BUCKTHORN & HONEY & ORANGE FRUIT TEA

'Take a break and enjoy'

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Sea Buckthorn flavouring, Sea Buckthorn pomace, Flavouring (Orange flavouring, concentrated Orange juice), Flavouring (Honey flavouring, Honey), Orange peel



STRAWBERRY CHEESECAKE FRUIT MAGIC TEA

'Delicious combination of flavours'

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

ACTIVE INGREDIENTS

Sour apple, Rosehip, Cinnamon, Strawberry flavouring, Strawberry cheesecake flavouring, Strawberry



WILD CHERRY & BLACKBERRY FRUIT TEA

'Vitalize the body and spirit'

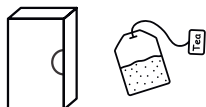
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 5 minutes. This caffeine free fruit tea can be enjoyed hot or cold any time of the day. Flavour as desired.

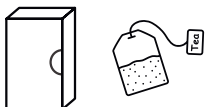
ACTIVE INGREDIENTS

Blackberry leaf, Blackberry flavouring, Wild Cherry flavouring, Blackberry pomace, Cherry pomace

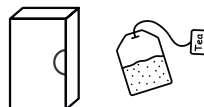
Food
20 teabags



Food
20 teabags



Food
20 teabags





HERBAL INFUSIONS

HERBAL INFUSIONS

'support & balance'



ANTISPASMODIC & ANTI-BLOATING TEA BLEND

DESCRIPTION

Relieves stomach spasms, decreases intestinal gas and improves digestion. Caffeine free.

DIRECTIONS

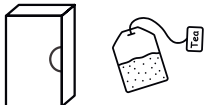
Place 1 filter of the tea blend into a cup (250 ml) of boiling water and infuse it covered for 15-20 minutes. Drink warm without flavouring. For adults and children above the age of 12 max. 6 cups daily. For children from the age of 4 to 12 max. 3 cups daily.

ACTIVE INGREDIENTS

Aniseed, Peppermint leaf, Matricaria flower, Caraway fruit

Paramedicines

25 teabags



BABY'S BELLY TEA BLEND

DESCRIPTION

Caffeine free tea blend for babies from newborn age.

DIRECTIONS

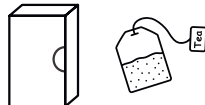
Place 1 teabag in a cup (200-250 ml) of boiling water and infuse it covered for 3-5 minutes. Flavour as desired. Recommended dosage is 1 cup per day from 0 to 6 months of age, 2-3 cups per day from 6 months to 3 years of age.

ACTIVE INGREDIENTS

Matricaria flower, Fennel (bitter)

Food

20 teabags



CELLULITE TEA BLEND

DESCRIPTION

Helps maintain adequate hydration of your body. It can also effectively help improve the appearance of cellulite. Caffeine free.

DIRECTIONS

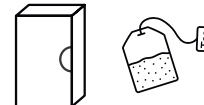
Place 1 teabag in a cup (200 ml) of boiling water and infuse for 3-5 minutes. Flavour as desired. It is recommended to drink 3 cups daily, 1 cup after each meal.

ACTIVE INGREDIENTS

Nettle leaf, Matricaria flower, Lime flower, Thyme, Peppermint leaf

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



CHOLESTEROL TEA BLEND

DESCRIPTION

Green tea leaf contributes to maintaining normal cholesterol level, common chicory root, couch grass rhizome and the artichoke leaf support the detoxification systems, peppermint leaf contributes to healthy digestion.

DIRECTIONS

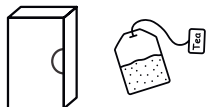
Place 1 teabag in a cup (250 ml) of boiled water and then infuse it for 10 minutes. The infusion is tart, flavour as desired; drink one cup 2-3 times a day, after meals.

ACTIVE INGREDIENTS

Common chichory root, Couch Grass rhizome, Artichoke leaf, Green tea leaf, Peppermint leaf

Food

20 teabags



COLD RELIEF TEA BLEND

DESCRIPTION

For prevention and treatment of cold-related illnesses. Helps improve the overall condition of the body. Caffeine free.

DIRECTIONS

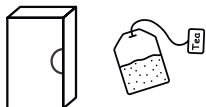
Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for about 5-10 minutes. Flavour as desired, depending on your bodyweight drink 2-3 cups daily between meals.

ACTIVE INGREDIENTS

Blackcurrant fruit, Lime flower, Elder flower, Blackcurrant leaf, Nettle leaf

Paramedicines

20 teabags



DEEP BREATH TEA BLEND

DESCRIPTION

The mallow leaf and the horehound flowering stem decreases the irritation of the throat and pharynx, the liquorice root, the thyme leaf and flower help to keep the respiratory tracts clean, matricaria flower helps to ease cough and sore throat.

DIRECTIONS

Place 1 teabag in a cup (250 ml) of boiled water and infuse it for 10 minutes. The infusion is tart, flavour as desired; drink one cup 2-3 times a day, between meals.

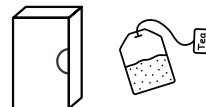
ACTIVE INGREDIENTS

Mallow leaf, Liquorice root, Hoarhound flowering stem, Matricaria flower, Thyme leaf and flower

The tea contains Liquorice root.

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



DIABETICS TEA BLEND

DESCRIPTION

Dandelion herb with root maintain detoxification of the body by increasing urine excretion and promotes normal blood glucose levels. Blueberry leaves and cassia cinnamon bark contribute to normal glucose metabolism.

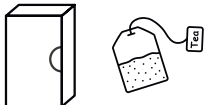
DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 3-5 minutes. It is recommended to drink 3 cups daily, 1 cup after each meal. Flavour as desired.

ACTIVE INGREDIENTS

Bean pod, Dandelion herb with root, Corn silk, Blueberry leaves, Couch grass rhizome, Cassia Cinnamon bark

Food
20 teabags



DETOX PLUS TEA BLEND

DESCRIPTION

Two or three times a year your body needs cleansing and detoxifying, when you can fasten the elimination of trapped wastes from your body. Caffeine free.

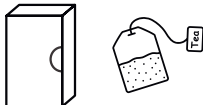
DIRECTIONS

Place 1-2 teabags in a cup (250 ml) of boiling water and infuse it covered for 20 minutes. Depending on your body weight, you should drink 2-4 times a day, preferably without any flavourings.

ACTIVE INGREDIENTS

Goldenrod, Elder flower, Nettle leaf, Dandelion herb with root, Hibiscus, Peppermint leaf, Couch Grass rhizome

Food
20 teabags



FITNESS TEA BLEND

DESCRIPTION

Beneficial for the whole body in weight loss diets and an ideal supplement in cleansing regimens. Caffeine free.

DIRECTIONS

Place 1 teabag in a cup (200 ml) of boiling water and infuse for 3-5 minutes. It is recommended to drink 3 cups daily, 1 cup after each meal. Flavour as desired.

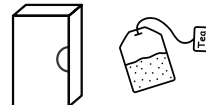
ACTIVE INGREDIENTS

Nettle leaf, Elder flower, Matricaria flower, Caraway fruit, Fennel (bitter), Cassia Cinnamon bark

VARIATION

Ideal Weight Tea Blend is also available.

Food
20 teabags



HERBAL INFUSIONS

'support & balance'



GREEN TEA WITH ECHINACEA

DESCRIPTION

Special tea blend is harmonious combination of the traditional eastern flavours and western herbal folk medicine. The flavour of echinacea softens the characteristic taste of green tea.

DIRECTIONS

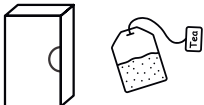
Place 1 teabag in a cup (250 ml) of boiled water after cooling down to approx. 80°C, then infuse it covered for 3-5 minutes. Flavour as desired.

ACTIVE INGREDIENTS

Pure Green tea leaf, Echinacea (Echinacea purpurea) herb

Food

20 teabags



GREEN TEA WITH LAVENDER FLOWER

DESCRIPTION

Harmonious combination of the traditional eastern flavours and lavender flower.

DIRECTIONS

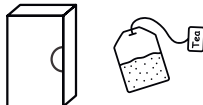
Place 1 teabag in a cup (250 ml) of boiled water after cooling down to approx. 80°C, then infuse it covered for 3-5 minutes. Flavour as desired.

ACTIVE INGREDIENTS

Pure Green tea leaf, Lavender flower

Food

20 teabags



GREEN TEA WITH LEMON

DESCRIPTION

Its characteristic aroma and bitter-sweet taste is refreshed by the aroma of green lemon.

DIRECTIONS

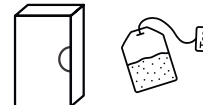
Place 1 teabag in a cup (250 ml) of boiled water after cooling down to approx. 80°C, then infuse it covered for 3-5 minutes. Consume without further flavouring, or flavour as desired.

ACTIVE INGREDIENTS

Pure Green tea leaf, Natural flavouring (Lime flavouring)

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



INNO RHEUMA TEA BLEND

DESCRIPTION

Relieves symptoms of chronic rheumatic disorders, muscle cramps, muscle pain and symptoms of gout and joint inflammation. Caffeine free.

DIRECTIONS

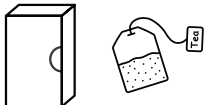
Place 2 teabags in a cup (250 ml) of boiling water, boil for 2-3 minutes and infuse it covered for 5-10 minutes. Drink 1 cup of tea in the morning and 1 in the early evening, preferably without any flavourings.

ACTIVE INGREDIENTS

Rosemary leaf, Nettle leaf, Equisetum stem, Dandelion root

Paramedicines

25 teabags



KIDNEY PROTECTION TEA BLEND

DESCRIPTION

Efficient in kidney protection and stimulation of kidney function as well as in prevention of kidney stones. Caffeine free.

DIRECTIONS

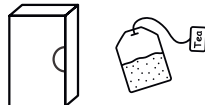
Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for 15-20 minutes. The recommended dosage for adults is 3-4 cups a day preferably without any flavourings.

ACTIVE INGREDIENTS

Goldenrod, Nettle leaf, Agrimony, Equisetum stem, Celandine

Paramedicines

25 teabags



LIVER PROTECTION TEA BLEND

DESCRIPTION

Use as a complementing medicinal therapy of liver disease caused by alcoholism, and treatment of liver, bile, stomach and intestinal disorders. Caffeine free.

DIRECTIONS

Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for 20-30 minutes. The recommended dosage for adults is 3-4 cups per day and should be consumed before or during meals preferably without any flavourings.

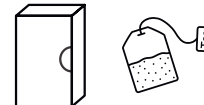
ACTIVE INGREDIENTS

Milk thistle fruit, Liquorice root, Nettle leaf, Marshmallow leaf, Agrimony, Yarrow, Fennel (bitter), Chicory root, Dandelion root

The tea contains Liquorice root.

Paramedicines

25 teabags



HERBAL INFUSIONS

'support & balance'



MOTHER'S MILK TEA BLEND

DESCRIPTION

Enhances mother's milk production and supports breastfeeding. Caffeine free.

DIRECTIONS

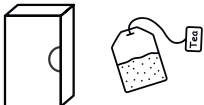
Place 1 teabag in 300-400 ml of boiling water and infuse it covered for 10-15 minutes. Drink it 3-4 times daily, preferably without any flavourings.

ACTIVE INGREDIENTS

Aniseed, Matricaria flower, Fennel (bitter), Nettle leaf, Balm herb

Paramedicines

25 teabags



PMS TEA BLEND

DESCRIPTION

Decreases premenstrual symptoms and helps relieve symptoms such as nervousness, irritability, anxiety, changes of mood, headache, distention, oedema, bloating and cramps. Caffeine free.

DIRECTIONS

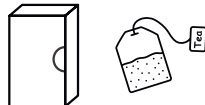
Place 1-2 teabags into a cup (250 ml) of boiling water and infuse for about 15-20 minutes covered. The recommended dosage is 3-4 cups of tea daily. Drink after meals, flavour as desired.

ACTIVE INGREDIENTS

Yarrow, Balm herb, Dandelion herb with root, St. John's Wort, Marjoram

Paramedicines

25 teabags



REFLUX TEA BLEND

DESCRIPTION

Herbs of the tea blend naturally support the health of the gastrointestinal tract.

DIRECTIONS

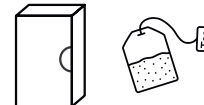
Place 1 teabag in a cup (250 ml) of boiled water and infuse it for 10 minutes. Consume preferably unflavoured, drink one cup 2-3 times a day, between meals.

ACTIVE INGREDIENTS

Black locust flower, Ribwort plantain leaf, Mallow leaf, Balm herb, Cassia Cinnamon bark

Food

20 teabags



HERBAL INFUSIONS

'support & balance'



SEDATIVE TEA BLEND

DESCRIPTION

Recommended for reducing restlessness, nervousness, sleep disturbances, anxiety and depression. Caffeine free.

DIRECTIONS

Place 1 teabag in a cup (250 ml) of boiling water and infuse it covered for about 15-20 minutes. Drink 1-2 cups a day before going to sleep. Flavour as desired.

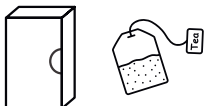
ACTIVE INGREDIENTS

Balm herb, St. John's wort, Valerian root, Lavender flower, Hop strobile

The tea contains Liquorice root.

Paramedicines

25 teabags



TEA BLEND FOR DIGESTIVE SUPPORT

DESCRIPTION

Recommended for inappetence, it contributes to proper digestion, decreases the feeling of bloating and fullness, helps to relieve other symptoms of indigestion as well. Caffeine free.

DIRECTIONS

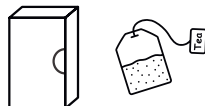
Place 1-2 teabags in a cup (250 ml) of boiling water and infuse it covered for about 20 minutes. It is recommended to drink 1 cup of tea 2-3 times daily, preferably without any flavourings.

ACTIVE INGREDIENTS

Blessed Thistle, Balm herb, Centaury herb, Yarrow, Rosemary leaf, Coriander

Paramedicines

25 teabags



WHITE MISTLETOE TEA

DESCRIPTION

Visci Herba is hypotensive, spasmolytic and cardiac stimulant. Caffeine free.

DIRECTIONS

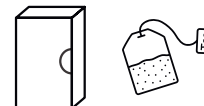
Place 1 tea bag into a cup (250 ml) of cold water and infuse it for 12 hours covered. Drink without flavouring or with honey.

ACTIVE INGREDIENT

White Mistletoe

Paramedicines

25 teabags



Naturland®

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'live more'

BEAUTY+
ENERGY+
CARNITINE
JOINT+
MAGNE+
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SLIM+
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ESSENTIAL OILS

'harmony of body & soul'

ANCIENT GARDEN ESSENTIAL OIL BLEND
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CALMNESS ESSENTIAL OIL BLEND
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CHERRY BLOSSOM ESSENTIAL OIL
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CLOVE ESSENTIAL OIL
CONCENTRATION ESSENTIAL OIL BLEND
EUCALYPTUS ESSENTIAL OIL
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'refreshing fruity flavours'

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'support & balance'

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REFLUX TEA BLEND
SEDATIVE TEA BLEND
TEA BLEND FOR DIGESTIVE SUPPORT
WHITE MISTLETOE TEA

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We are looking forward to continue serving your needs.'*

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