

SZAFI

PRODUCT CATALOGUE

FOR RESELLER PARTNERS

Health-conscious essential products for both everyday
balanced diets and **special nutritional needs**.



Szafi Group

Clean Label. Certified Quality. Trusted Worldwide.

Szafi Group is Hungary's leading manufacturer of free-from and health-conscious foods.

For over a decade, we have been developing and producing gluten-free, soy-free, and additive-free products that unite scientific precision with culinary creativity.

Our IFS-certified production facility guarantees exceptional quality and food safety, while our ever-expanding portfolio of over 550 own-brand and private-label products (Szafi Reform, Szafi Free, Szafi Life, Szafi Bakery) meets the needs of modern consumers and international partners alike.

Our products have received numerous national and international awards, reflecting our dedication to innovation, transparency, and consumer trust.

People choose Szafi not only for its taste and texture, but because it represents reliability, progress, and a new way of eating well.



SZAFI

Szafi Products

- ✓ Free from gluten, soy and dairy
- ✓ High in dietary fiber.
- ✓ Source of plant-based protein.
- ✓ Naturally sourced ingredients.
- ✓ Free from additives.
- ✓ Support a varied and balanced diet.
- ✓ Ideal for food allergies and special dietary needs.
- ✓ Wide range of vegan products
- ✓ No corn, rice or potato.

Szafi Life Lowcarb Choco Bars



- ✓ **VEGAN**
- ✓ **SOY FREE**
- ✓ **GLUTEN FREE**
- ✓ **NO ADDED SUGAR**
- ✓ **SWEETENER FREE**
- ✓ **LOWCARB**

Next-generation chocolate bars with prebiotic fibers.

- Prebiotic fibers support microbiome balance and stable blood sugar levels.
- 35% reduced carbohydrate content compared to traditional chocolate bars.
- Free from sweeteners and added sugar.
- Free from palm and sunflower oil, made with real cocoa butter.
- Approx. 100 kcal per bar – ideal for low-energy diets as a healthy snack alternative.

Szafi Life Raw Protein Bars



- ✓ **VEGAN**
- ✓ **SOY FREE**
- ✓ **GLUTEN FREE**
- ✓ **NO ADDED SUGAR**
- ✓ **NO SWEETENERS**

Raw vegan bars enriched with plant protein.

- Clean Label
- Source of dietary fiber that supports microbiome balance and stable blood sugar.
- Natural source of vitamins, minerals, and antioxidants.
- Source of unsaturated fatty acids.
- Health-conscious energy bar – ideal snack between meals, on the go, before or after exercise, alongside a cup of coffee or as a dessert.
- Approx. 150 kcal and 5 g protein per bar.
- Free from sweeteners and added sugar.

Szafi Free Chips



- ✓ **VEGAN**
- ✓ **SOY FREE**
- ✓ **GLUTEN FREE**
- ✓ **RICH IN PLANT PROTEIN**
- ✓ **RICH IN FIBER**
- ✓ **30% LESS FAT***

Innovative, health-conscious alternative to regular chips.

- Source of plant protein and fiber.
- No flavor enhancers.
- Free from corn, rice, and potato.
- *-30% reduced fat compared to similar products.

Red Lentil & Buckwheat



Szafi Free Instant Soups



- ✓ **VEGAN**
- ✓ **GLUTEN FREE**
- ✓ **SOY FREE**
- ✓ **PALM OIL FREE**
- ✓ **NO FLAVOR ENHANCERS**
- ✓ **SOURCE OF FIBER**
- ✓ **SOURCE OF PLANT PROTEIN**

Healthy, innovative alternative to ultra-processed foods.

- Made only from natural ingredients: dried and powdered vegetables, herbs, natural seasonings.
- No flavor enhancers, preservatives, artificial additives, or added sugar.
- Corn-, potato-, and rice-free.
- Low calorie content.
- Just add hot water – A quick, delicious, and healthier alternative to regular instant soups.

Szafi Life Superfood



- ✓ **VEGAN**
- ✓ **GLUTEN FREE**
- ✓ **SOY FREE**
- ✓ **NO ADDED SUGAR**
- ✓ **HIGH IN FIBER**

Superfood drink that supports weight management* and overall well-being.

- Contains herbs, medicinal mushrooms, algae, vegetable and fruit powders, antioxidants, and plant extracts enriched with vitamins and minerals.
- Four blends for targeted support: immune system, hormonal balance, digestion & gut health, mental freshness, beauty & vitality.
- Easy-to-prepare, delicious daily drink for an active, health-conscious lifestyle.

** Glucomannan in the context of an energy restricted diet contributes to weight loss. The beneficial effect is obtained with a daily intake of 3 g of glucomannan in three doses of 1 g each, together with 1-2 glasses of water, before meals and in the context of an energy-restricted diet.*

Szafi Free Universal Flour Mix



- ✓ **GLUTEN FREE**
- ✓ **SOY FREE**
- ✓ **SOURCE OF FIBER**
- ✓ **VEGAN**
- ✓ **YEAST FREE**

Universal flour mix

- Free from corn, rice, potato, and seed flours
- For dairy- and egg-free recipes, even without added fat and yeast.
- Made from millet flour
- Neutral flavor – similar to traditional wheat flour products.
- Versatile – for making savory and sweet baked goods, pastries, noodles, tortillas, pizza, flatbread, pancakes, and many other types of dough.

Szafi Free White bread flour mix



- ✓ **GLUTEN FREE**
- ✓ **SOY FREE**
- ✓ **SOURCE OF FIBER**
- ✓ **VEGAN**

Gluten free flour mix

- For snow-white, soft-crusted bread
- Perfect for a variety of recipes, from sponge cakes and Linzer cookies to scones.
- Free from corn, potato, and rice.
- Easily made without eggs or dairy.

Szafi Free Bread flour mix



- ✓ **GLUTEN FREE**
- ✓ **SOY FREE**
- ✓ **SOURCE OF FIBER**
- ✓ **VEGAN**

Fiber-rich gluten-free flour mix

- Neutral-tasting bread mix with millet flour
- Free from corn, rice, potato, and seed flours.
- Perfect for dairy- and egg-free recipes.
- Also works perfectly without added fat or yeast.
- Highly recommended for those with insulin resistance or diabetes.

Suitable for various special diets



Szafi Reform Sweetener



- ✓ **0 KCAL**
- ✓ **0 G CARBS**
- ✓ **NO AFTERTASTE**
- ✓ **GLUTEN-FREE**
- ✓ **NATURALLY SOURCED**

Zero-calorie, natural-origin sweetener.

- 4x stronger sweetness compared to sugar.
- Stevia and erythritol blend.
- Perfect for baking, cooking, or cold dishes.

A sugar alternative without aftertaste!



Szafi Reform Instant Puddings



- ✓ **RICH IN FIBER**
- ✓ **GLUTEN-FREE**
- ✓ **SOY-FREE**
- ✓ **VEGAN**
- ✓ **NO ADDED SUGAR**

Instant fiber puddings without corn starch

- Rich in fiber
- Low in fat
- Low-calorie dessert or cream for baked goods
- 3 flavors – cocoa, vanilla, and coffee
- Light, creamy, and satisfying

Ready in minutes – just mix and enjoy!



Szafi Reform Instant vegetable curd substitute powder



- ✓ **RICH IN FIBER**
- ✓ **GLUTEN-FREE**
- ✓ **SOY-FREE**
- ✓ **VEGAN**
- ✓ **NO ADDED SUGAR**

Instant plant-based curd substitute cream that is ready in a few minutes without cooking.

- Fiber-rich, low-calorie dessert, cake filling or cream for baked goods
- Gluten-, soy-, milk-, and egg-free
- No corn or potato starch
- Low fat

Ready in minutes – just mix and enjoy!



Lowcarb dessert flour mixes (paleo)



**SZAFI REFORM LOWCARB
CHOCOLATE MUFFIN FLOUR
MIX WITH SWEETENER**



**SZAFI REFORM LOWCARB
PANCAKE FLOUR MIX**

- ✓ Reduced carbohydrate content
- ✓ No added sugar
- ✓ With natural origin sweetener
- ✓ Rich in fiber
- ✓ Gluten-, soy-, and dairy-free
- ✓ Corn-, potato-, and rice-free.
- ✓ Yeast-free
- ✓ Paleo

Made with real Bourbon vanilla.

Szafi Free Millet-Based Pancake Flour Mix



- ✓ **GLUTEN FREE**
- ✓ **SOY FREE**
- ✓ **SOURCE OF FIBER**
- ✓ **VEGAN**

- Neutral flavor – similar to traditional wheat pancakes.
- Versatile – can be used for pies, waffles, pastries, cookies, buns, or savory baked goods.
- Ideal for kid's diet too.

The finest egg- and dairy-free pancakes



Szafi Life Protein Pizza MIX



- ✓ **GLUTEN FREE**
- ✓ **SOY FREE**
- ✓ **ENRICHED WITH PLANT PROTEIN**
- ✓ **RICH IN FIBER**
- ✓ **YEAST FREE**

High-protein and fiber-rich pizza mix.

- Only water required
- Easy to prepare in oven or microwave.
- Single-serving packaging – ideal for travel.
- Filling and rich in slow-absorbing carbs and protein.
- Free from dairy, eggs, corn, potato, and rice.

Additive-free
– made only from natural ingredients.



Szafi Life Free-From Protein Drink



VANILLA



COCOA

- ✓ Vegan protein drink powder
- ✓ Gluten- and soy-free
- ✓ Rich in fiber
- ✓ Complete amino acid profile
- ✓ With added vitamins and minerals

No artificial flavors or sweeteners!



Szafi Free Millet Pasta

Fiber-rich, egg-free dried pasta made from millet flour.



FUSILLI



PENNE



SPAGHETTI

- ✓ Vegan
- ✓ Free from corn, rice, or potato
- ✓ Neutral taste

Rich in dietary fiber



Gluten-Free Bread Alternatives

Gluten-free, vegan, and clean-label crispbreads for everyday snacking and healthy meals.



SZAFI REFORM LOW-CARB CRISP FLATBREAD

SZAFI FREE CRISP FLATBREAD



SZAFI FREE MINI LENTIL CRISP



SZAFI FREE BUCKWHEAT CRISP

- ✓ Gluten-free & suitable for gluten-sensitive diets
- ✓ Free from added sugar & free from artificial sweeteners
- ✓ Vegan / plant-based
- ✓ No unnecessary additives: no artificial colors, no synthetic preservatives
- ✓ Rich in plant proteins or fiber (depending on product)
- ✓ Light, crisp texture — ideal for snacking or as a bread alternative

Rich in dietary fiber



Szafi Reform Sauce Bases

Healthy, free-from, and delicious sauces in minutes



CARBONARA



BOLOGNESE



"CREAMY CHEESE"

- ✓ Low-fat sauce base powders made from natural ingredients.
- ✓ Free from gluten, soy, dairy and eggs.
- ✓ Free from corn, rice and potato.
- ✓ No palm oil
- ✓ No added sugar
- ✓ Vegan
- ✓ Source of dietary fiber.
- ✓ Quick and easy to prepare.

No flavor enhancers or preservatives.





SZAFI

Recipes & Dietetics

Our expertise in dietetics, food safety, and technology allows us to support your business in professional matters.

We also provide accurate recipes for our products in the language of your choice.

Learn everything about the nutritional background of our products and their dietary implications! Improve your communication with the right target audience at a professional level!